

Key Botanicals and Ingredients

Nourishing Skin Cream

Key Botanicals:

Calendula (*Calendula officinalis*): anti-inflammatory and vulnerary. Promotes cell repair and growth. Helps calm irritated skin.

Wildcrafted rose petals (*Rosa acicularis*): antioxidant-rich, emollient, and humectant. Helps retain moisture on and in the skin. Helps calm irritated skin.

Wildcrafted rose hips (*Rosa acicularis*): flavonoids and high in vitamins A, C and E. Protects the skin from environmental stressors. Supports collagen formation and deeply nourishes the skin.

Blue cornflower (*Centaurea cyanus*): antioxidant-rich and anti-inflammatory. Helps calm and soothe irritated skin. Protects the skin from environmental stressors.

Ingredients: *Calendula officinalis* (calendula), *Rosa acicularis* (prickly rose) wildcrafted petals, *Centaurea cyanus* (blue cornflower), *Rosa acicularis* (prickly rose) wildcrafted hips, *Prunus amygdalus dulcis* (sweet almond) oil, *Vitis vinifera* (grapeseed) oil, *Simmondsia chinensis* (jojoba) oil, Aqua (distilled water), Cera alba (beeswax), Citric acid, *Lavandula angustifolia* (lavender) essential oil, *Boswellia serrata* (frankincense) essential oil, *Pelargonium graveolens* (geranium) essential oil, and *Citrus sinensis* (sweet orange) essential oil.

Flor de Jamaica Skin Cream

Key Botanicals:

Hibiscus (*Hibiscus-rosa sinensis*): antioxidant-rich, high in vitamin C, and anti-inflammatory. Helps calm and soothe irritated skin. Protects the skin from environmental stressors. Helps retain moisture on and in the skin.

Frankincense (*Boswellia serrata*): anti-inflammatory and anti-aging. Helps tone aging skin and helps reduce redness and calms irritated skin. Due to its popularity, *Boswellia carteri* is overharvested and at risk. Therefore, we only use *Boswellia serrata* that is sustainably harvested in India.

Ingredients: *Hibiscus rosa-sinensis* (hibiscus) petals, *Prunus amygdalus dulcis* (sweet almond) oil, Aqua (distilled water), Cera alba (beeswax), Mel (honey), Citric Acid, and *Boswellia serrata* (frankincense) essential oil.

Nourishing Facial Oil

Key Botanicals:

Calendula (*Calendula officinalis*): anti-inflammatory and vulnerary. Promotes cell repair and growth. Helps calm irritated skin.

Wildcrafted rose petals (*Rosa acicularis*): antioxidant-rich, emollient, and humectant. Helps retain moisture on and in the skin. Helps calm irritated skin.

Wildcrafted rose hips (*Rosa acicularis*): flavonoids and high in vitamins A, C and E. Protects the skin from environmental stressors. Supports collagen formation and deeply nourishes the skin.

Blue cornflower (*Centaurea cyanus*): antioxidant-rich and anti-inflammatory. Helps calm and soothe irritated skin. Protects the skin from environmental stressors.

Rosehip seed oil (*Rosa canina*): antioxidant rich and high in vitamins A, C and E. Protects the skin from environmental stressors. Supports collagen formation and deeply nourishes the skin.

Ingredients: *Calendula officinalis* (calendula), *Rosa acicularis* (prickly rose) wildcrafted petals, *Centaurea cyanus* (blue cornflower), *Rosa acicularis* (prickly rose) wildcrafted hips, *Prunus amygdalus dulcis* (sweet almond) oil, *Vitis vinifera* (grapeseed) oil, *Simmondsia chinensis* (jojoba) oil, *Rosa canina* (rosehip seed) oil, *Lavandula angustifolia* (lavender) essential oil, *Boswellia serrata* (frankincense) essential oil, *Pelargonium graveolens* (geranium) essential oil, and *Citrus sinensis* (sweet orange) essential oil.

Bath Bombs

Botanical- A gentle bath bomb for children and adults. Blended with garden-grown botanicals of calendula, geranium, and blue cornflower. Lightly scented with lavender and sweet orange pure essential oils.

Key Botanicals:

Lavender (*Lavandula angustifolia*): Soothes and calms irritated skin. It supports cell regeneration and is beneficial for all types of skin from oily to dry. Also has antioxidant properties that protect the skin from environmental stressors. Has a calming effect and promotes sleep.

Sweet Orange (*Citrus sinensis*): Soothes and calms irritated skin. Gentle for sensitive skin. Has a calming effect and promotes sleep.

Ingredients: Sodium Bicarbonate (baking soda), Citric Acid, Aqua (distilled water), *Simmondsia chinensis* (jojoba) oil, *Lavandula angustifolia* (lavender) essential oil, *Citrus sinensis* (sweet orange) essential oil, *Calendula officinalis* (calendula) petals, *Pelargonium graveolens* (geranium) petals, *Centaurea cyanus* (blue cornflower) petals.

Relaxing- A relaxing bath bomb to indulge in after a long day. Blended with lavender and geranium petals. Lightly scented with lavender and geranium pure essential oils.

Key Botanicals:

Lavender (*Lavandula angustifolia*): Soothes and calms irritated skin. It supports cell regeneration and is beneficial for all types of skin from oily to dry. Also has antioxidant properties that protect the skin from environmental stressors. Has a calming effect and promotes sleep.

Geranium (*Pelargonium graveolens*): Tones and soothes irritated skin. Also balances oil production and is beneficial for both oily and dry skin. Has a calming effect and promotes relaxation.

Ingredients: Sodium Bicarbonate (baking soda), Citric Acid, Aqua (distilled water), *Simmondsia chinensis* (jojoba) oil, *Lavandula angustifolia* (lavender) essential oil, *Pelargonium graveolens*

(geranium) essential oil, *Lavandula angustifolia* (lavender) flowers, *Pelargonium graveolens* (geranium) petals.

Invigorating- An invigorating and muscle-soothing bath bomb that will wake you up in the shower or bath. Himalayan sea salt is combined with sweet birch and spruce pure essential oils. Not for use for children or during pregnancy.

Key Botanicals:

Sweet birch (*Betula lenta*): Contains methyl salicylate which helps to reduce muscle pain and inflammation by opening blood vessels and increasing blood flow.

CAUTION: Avoid during pregnancy and if allergic to methyl salicylate.

Black spruce (*Picea mariana*): Has anti-inflammatory and anti-spasmodic properties which helps reduce muscle pain and muscle spasms.

CAUTION: Avoid during pregnancy.

Ingredients: Sodium Bicarbonate (baking soda), Citric Acid, Aqua (distilled water), *Simmondsia chinensis* (jojoba) oil, Himalayan Sea Salt, Aqua (distilled water), *Simmondsia Chinensis* (jojoba) oil, *Betula lenta* (sweet birch) essential oil, *Picea mariana* (black spruce) essential oil.

Blush-Blended with rose and hibiscus petals and lightly scented with frankincense, lavender, geranium, and sweet orange pure essential oils. A calming and skin rejuvenating bath bomb.

Key Botanicals:

Lavender (*Lavandula angustifolia*): Soothes and calms irritated skin. It supports cell regeneration and is beneficial for all types of skin from oily to dry. Also has antioxidant properties that protect the skin from environmental stressors. Has a calming effect and promotes sleep.

Sweet Orange (*Citrus sinensis*): Soothes and calms irritated skin. Gentle for sensitive skin. Has a calming effect and promotes sleep.

Geranium (*Pelargonium graveolens*): Tones and soothes irritated skin. Also balances oil production and is beneficial for both oily and dry skin. Has a calming effect and promotes relaxation.

Frankincense (*Boswellia serrata*): anti-inflammatory and anti-aging. Helps tone aging skin and helps reduce redness and calms irritated skin.

Ingredients: Sodium Bicarbonate (baking soda), Citric Acid, Aqua (distilled water), *Simmondsia chinensis* (jojoba) oil, *Lavandula angustifolia* (lavender) essential oil, *Boswellia serrata* (frankincense) essential oil, *Pelargonium graveolens* (geranium) essential oil, *Citrus sinensis* (sweet orange) essential oil, *Rosa acicularis* (prickly rose) wildcrafted petals, and *Hibiscus rosa-sinensis* (hibiscus) petals.

Botanical Bath Salts

A relaxing mineral bath that soothes and softens skin. Blended with Dead Sea salt, Himalayan sea salt, and Epsom salt with garden-grown botanicals of calendula, geranium, and blue cornflower. Lightly scented with lavender and sweet orange pure essential oils.

Ingredients: Maris Sal (dead sea salt), Himalayan Sea Salt, Epsom Salt, Sodium Bicarbonate (baking soda), *Lavandula angustifolia* (lavender) essential oil, *Citrus sinensis* (sweet orange) essential oil, *Calendula officinalis* (calendula) petals, *Pelargonium graveolens* (geranium) petals, and *Centaurea cyanus* (blue cornflower) petals.

Blush Bath Salts

Blended with Dead Sea salt, Himalayan sea salt, Epsom salt with rose petals, and lightly scented with frankincense, lavender, geranium, and sweet orange pure essential oils.

Ingredients: Maris Sal (dead sea salt), Himalayan Sea Salt, Epsom Salt, Sodium Bicarbonate (baking soda), *Lavandula angustifolia* (lavender) essential oil, *Boswellia serrata* (frankincense) essential oil, *Pelargonium graveolens* (geranium) essential oil, *Citrus sinensis* (sweet orange) essential oil, and *Rosa acicularis* (prickly rose) wildcrafted petals.